

## Wentzville R-IV School District

# School and Community Resources

*NOTE: The links and organizations listed in this document are intended as available resources that those in need may choose to use. Their presence in this document does not imply endorsement by the Wentzville School District.*

## Social & Emotional Support at School

Wentzville School District's comprehensive school counselors provide a wide range of counseling, individual student planning and responsive services for students and are always the first line of support for any student who is struggling with personal issues. In addition, the district employs Educational Support Counselors (ESC's) who are assigned to our schools. ESC's provide specialized therapeutic services and consultation for students who exhibit social, emotional, or behavioral challenges which significantly interfere with school attendance, academics, or behavior.

The WSD also contracts with several community agencies for school-based counseling and classroom-based prevention programs. Agency professionals are fully credentialed by WSD, and work in our schools under the supervision of building Principals. Students may be referred to the school-based counseling programs by parents or school staff. For more information about agency services in any of our buildings, parents can contact the child's assigned school counselor.

## Community Resource Directories

St. Charles County Community Council

636-978-2277

<http://www.communitycouncilstc.org/resources/searchable-resource-directory>

This comprehensive online community directory includes resource organizations that primarily serve St. Charles, Lincoln and Warren Counties:

United Way 2-1-1

Call 2-1-1 or 1-800-427-4626

<http://www.211helps.org/>

This directory and helpline is operated by the United Way and includes extensive resources in Missouri and Illinois

IDD Help Community Connector

IDDHelp.org

1-877-256-2202

This directory and helpline for St Charles, St Louis County and St Charles City residents helps people with intellectual and developmental disabilities obtain information and connect with services

## Crisis Intervention

National Suicide Prevention Lifeline (24-hour) 1-800-273-8255 (TALK)  
<http://suicidepreventionlifeline.org> Text "START" to 741-741

St. Charles County Youth Connection Helpline (24-hour)  
636-642-0642 1-855-642-0642 Text BESAPE to 31658  
WEB CHAT: [www.stcharlescountykids.org](http://www.stcharlescountykids.org) - click on "Get Help Now"

The Youth Connection Helpline is a free 24 hour community hotline and mobile crisis response service that provides telephone guidance and support in making decisions during child mental health emergencies. In some situations, face-to-face crisis intervention in homes, schools and public meeting places may be provided. The Helpline and text line are staffed by trained counselors from Behavioral Health Response (BHR). BHR also provides support for adult mental health crises (Call 314-469-6644). [www.bhrstl.org](http://www.bhrstl.org)

The Trevor Helpline 1-866-488-7386 Text TREVOR to 1-202-304-1200  
[www.thetrevorproject.org](http://www.thetrevorproject.org) (3pm-10pm) National organization providing crisis intervention and suicide prevention services and resources to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24. Also has a Chat Line 3pm-10pm for online instant messaging: Visit website and click on the Chat icon on the right at the top of the page.

Lifeline Crisis Chat (11am-11pm)  
[www.contact-usa.org/chat.html](http://www.contact-usa.org/chat.html)

A service of the National Suicide Prevention Lifeline, provides online emotional support, crisis intervention, and suicide prevention services.

KUTO (Kids Under Twenty-One) 314-644-5886 After 4:00PM [www.KUTO.org](http://www.KUTO.org)

A safe helpline for teens, answered by trained local youth under the supervision of adult mental health professionals

Center Pointe Hospital 4801 Weldon Spring Pkwy, St Charles 636-441-7300

SSM Health St. Joseph Hospital 500 Medical Dr., Wentzville 636-327-1100

Bridgeway Domestic Violence Crisis Hotline 636-224-1800  
[www.bridgewaybh.com](http://www.bridgewaybh.com)

Among other services, Bridgeway Behavioral Health (part of Preferred Family Healthcare) operates the crisis hotline, emergency safe shelters and outreach support services for women and children in St. Charles and Lincoln Counties who are victims of domestic violence.

**Crisis Nursery Wentzville (24-hour)** 636-887-3070 [www.crisisnurserykids.org](http://www.crisisnurserykids.org)

Crisis helpline and temporary shelter for children ages birth to 12 years whose families are in crisis. Also provides follow-up services for parents.

**National Runaway Safeline** 1-800-786-2929 1-800-RUNAWAY

[www.1800runaway.org](http://www.1800runaway.org)

National runaway and suicide prevention hotline, online chat and communications system

## Mental Health Services and Support

*The following resources are a sampling of the many non-profit agencies in our local community which provide services subsidized by public, private and/or government funding. The list does not include fee-based mental health professionals in private practice.*

**Compass Health Network (Crider Center)** 1-888-403-1071

[www.compasshealthnetwork.org](http://www.compasshealthnetwork.org)

Community agency provides free or sliding fee scale services for children and adults in Wentzville and St Charles offices, in homes, schools and community. Range of services include behavioral health therapy, psychiatry, and community support programs as well as medical and dental.

**Youth In Need** 636-946-3771

[www.youthinneed.org](http://www.youthinneed.org)

Local child and family services agency provides free and sliding fee-scale individual and family counseling in St. Charles office and school-based locations, a teen emergency shelter and other services for youth and families

**CHADS Coalition (“Communities Healing Adolescent Depression and Suicide”)** 314-952-8274/ 314-952-2046 [www.chadscoalition.org](http://www.chadscoalition.org)

Provides free and sliding-fee scale counseling and family support for children and youth; school-based counseling and suicide prevention programming

**Preferred Family Healthcare** 636-332-5834 [pfh.org/missouri](http://pfh.org/missouri)

Community-based agency specializes in adolescent and adult substance use treatment programming. Individual, group and residential services are provided in St. Peters, St. Charles and other locations; as well as school-based prevention and early intervention programs

**Saint Louis Counseling** (Previously Catholic Family Services) O'Fallon 636-281-1990  
<https://saintlouis counseling.org> Nonprofit counseling agency provides free and reduced-fee counseling

**Lutheran Family and Children's Services** St. Peters office 636-949-5522  
<https://lfcsmo.org>  
Nonprofit counseling agency provides free and reduced-fee counseling

**BILY (Because I Love You)** 314-993-7550 EMail: gateway\_parent\_help@yahoo.com  
BILY is a free parent support group that meets every Monday night in St. Charles. It is organized and facilitated by other parents who offer support, guidance and suggestions for parents to help solve problems with children of any age (primarily adolescents).

**NCADA National Council on Alcoholism & Drug Abuse** 314-962-3456 [www.ncada-stl.org](http://www.ncada-stl.org)  
Provides a hotline, free substance use assessments, drug prevention and community education programs, and short-term counseling for substance abuse problems

**Alternative Behavioral Care** 636-477-6111 [www.alternativebehavioralcare.com](http://www.alternativebehavioralcare.com)  
Provides intensive outpatient mental health, psychiatric and substance abuse services for adolescents and adults in St Peters location.

**Megan Meier Foundation** 636-757-3501 <https://meganmeierfoundation.org>  
Provides free counseling for children and youth who have experienced bullying, as well as suicide prevention programming

**Annie's Hope** 314-965-5015 <https://annieshope.org>  
Provides comprehensive grief support services for children, teens and their families